



Dr. Zoe Nicolaou

A. Introduction

Zoe Nicolaou is an Oral and Maxillofacial Surgeon. She specialized in Oral and Maxillofacial Surgery in Rabin Medical Center of Tel-Aviv University- Israel and she received the title of Oral and Maxillofacial Surgeon in 2000. Dr. Nicolaou joined the Oral and Maxillofacial Surgery Clinic in Athens as a Postgraduate Fellow for 2 years after graduating from the Dental School of Athens University in 1992, “first in class” and she recited the oath at the graduation ceremony receiving the reward of Colgate Palmolive.

Her special interest is in Orthognathic Surgeries and Individuals with cranio facial syndromes and facial deformities. She has been practicing Oral and Maxillofacial Surgery in Limassol, Cyprus since 2000. This is why she cooperates with the Cyprus Center for Clefts & Facial Deformities (MEDICLEFT), where a team of specialists monitor and treat patients with similar problems.

She is holding since November 2014 a Vice Presidency position at the ICMFS (International College of Maxillo Facial Surgery) and she is the founder and first president of the Cyprus Association of Oral and Maxillo Facial Surgery (CYAOMS)

In 2015 she hosted in Limassol, her home town, the 29th World Congress of the ICMFS (International College of Maxillo Facial Surgery).

Furthermore, she serves as councilor of the Republic of Cyprus at the International Association of Oral and Maxillofacial Surgeons (IAOMS) and she is an active member of the European Association of Cranio-Maxillofacial Surgery (EACMFS). Also, she actively participates as a keynote speaker in several congresses all around the world with scientific presentations. She also holds a number of publications and she is involved as a clinical tutor of the Medical school of the University of Nicosia in Collaboration with the St. George’s University of London.

Dr. Zoe Nicolaou was awarded with the “Cyprus Business Woman of the Year award 2018” at the 12th Cyprus Business of the Year Award amongst other notable women from Cyprus. She is married and she has 3 beautiful children.

B. Memberships

Dr Zoe Nicolaou is a member of the following accredited scientific Associations:

- EACMFS - European Association of Cranio-Maxillofacial Surgery - Active member
- IAOMS - International Association Oral & Maxillofacial Surgeons (Councilor of Cyprus)
- AAOMS - American Association of Oral & Maxillofacial Surgeons
- ACPA - American Cleft Palate-Craniofacial Association
- AO CMF - CranioMaxillo Facial Foundation
- ICMFS - International College for Maxillo- Facial- Surgery - Vice President
- ITI - International Team for Implantology
- HeSHNO – Hellenic Society of Head and Neck Oncology

Locally Dr Zoe Nicolaou is the founder and President of the **Cyprus Association of Oral and Maxillo Facial Surgery.**

C. Private Practice

- 2000 - 2005: Ygeia Polyclinic
- 2000 - Present: Cyprus Cranio Maxillo Facial Center
- 2005- 2014: Achilleon Hospital
- 2014 – June 2020: Mediterranean Hospital of Cyprus
- 2001- Present: Saint George & Blue Cross Hospital, Paphos
- 2016-Present: University of Nicosia Medical School – clinical tutor

D. Languages

Greek, Native Language

English, Fluent

Hebrew, Fluent

E. Education

1994 - 2000: Specialization in Oral and MaxilloFacial Surgery, Rabin Center of Tel-Aviv University- Israel.

1992 - 1994: Postgraduate fellow in Oral and MaxilloFacial Surgery Clinic, University of Athens.

1987 - 1992: Dental School of Athens University.

2021-present: Currently in the process of obtaining a PhD in treating Obstructive Sleep Apnea Syndrome patients – University of Nicosia – Cyprus.

F. Special Courses, Diplomas

1994: Diploma in Hebrew Language.

1987: Highest degree in piano

1998: Diploma for Laser use in CranioMaxilloFacial Region, Tel-Aviv, Israel

G. Awards

1987 -1992: Full Scholarships from the “IKY” Scholarship Foundation of the Greek Ministry of Education for Excellence

1993: Panhellenic Commendation and 1st Prize by CP Colgate Palmolive (Hellas) S.A.I.C. for excellence during her studies at the Dental School of Athens in Greece.

2016: Doctor Zoe Nicolaou was nominated in 2016 on the Madame Figaro Awards (Woman of the year awards)

2018: Received the honorable “Golden Hands Surgeon” award at the Science and Art of Facial Make Over 2nd International Meeting in Beirut, Lebanon.

2018: Received the main prize of the 12th Cyprus National Business Woman of the year award 2018 as Cyprus Business Woman of the year

H. ICMFS 2015

Dr Zoe Nicolaou organized in Limassol, Cyprus the 29th *World Congress of the International College for MaxilloFacial Surgery* (ICMFS, 2015) between 05-09 October 2015. (www.icmfs2015.com).

The 29th World Congress of the International College for Maxillofacial Surgery aimed to create a meeting point for Maxillofacial Surgeons, researchers, scientists, academics and professionals in related areas from all over the world to facilitate this scientific community to share its experiences amongst each other as well as to provide learning and discussion in relation to the latest scientific achievements in this specialized area. The ulterior motive of the Congress was none other than the improvement of patients care and the attainment of a better quality of life.

The ascension of the Presidency of the 29th World Congress of the International College for Maxillo Facial Surgery took place in March of 2013 in Bad Hofgastein of Austria where following a voting the committee of the International College for Maxillofacial Surgery (www.icmfs.com), which was established in 1970, chose the Oral and Maxillofacial Surgeon Dr. Zoe Nicolaou

(President of the Cyprus Association for Oral and Maxillo Facial Surgery) as the president of the 29th World Congress of Maxillofacial Surgery and Limassol, Cyprus as the 2015 destination.

The scientific program of the Congress included 6 Guest Society Associations, 20 Keynote Lecture Sessions, 2 Panel Discussions and 3 Symposiums, on hot topics with experienced speakers and moderators, 6 Masterclasses, given by renowned experts, 11 Oral Sessions, with about 120 oral presentations, and an E-poster session with 40 poster presentation. The ICMFS 2015 scientific program overall provided excellent opportunities to exchange ideas and expand visions.

Bojovic, Mommaerts, Shah, Ellis, Fliss, Reyneke, Rose, Posnick, Kaplan, Laskin, Calderon, Nahlieli, Triaca, Kowalski are only few of the protagonist of the 29th World Congress of the International College for Maxillo Facial Surgery . All the *ICMFS 2015 keynote* lecturers definitely made this event exceptional.

In total **500 practitioners** from Cyprus and the World participated in the world effort to unite the community of OMFS and specialists from related fields and further advance science in our field. Through personal and professional networks the ICMFS 2015 helped strengthen the development of clinical research and service in the field of OMFS as well as allowed doctors and professionals from all over the world to see Cyprus and have a wonderful time in the sunny and beautiful island of Aphrodite.

I. Publications

Dr Zoe Nicolaou published several research articles in local, Israeli, European and American scientific journals.

1. The use of Mandibular Advancement Devices for Treatment of Obstructive Sleep Apnea (2016 by Georg Thieme Verlag KG Rudigerstrabe 14 70469 Stuttgart ISSN 0020-0336 DOI 10.1055/s-0042-121111 Inf Orthod Kieferorthop 2016;48:249- 253)
2. BRONJ – Bisphosphonate Related Osteonecrosis of the jaw, Pancyprian Scientific journal: (Aristotelis, January: 2014: 9-15)
3. Non-resolving Osteomyelitis of Maxilla and Maxillary Sinus after Long-term Use of Oral Bisphosphonates. (International journal of Head and Neck Surgery, May- August 2010:1(2):107-110)
4. Non- Resolving Maxillary Osteomyelitis after 17 years use of oral Bisphosphonates (IADR Israeli Division Meeting June 5-6, 2008)
5. Solitary central osteoma of the jaws: a diagnostic dilemma (Oral Surg Med Oral Pathol Endod 2008:106:e22-e29)
6. Clinical- pathological Conference: Case 1 (64th Annual meeting of the American Academy of Oral and Maxillofacial Pathology Head and Neck Pathol (2010) 4:214- 220)
7. Facial Asymmetries (Health touch Oct. - Nov- Dec. 2008)
8. Mandibular Repositioning Device (MRD) and Obstructive Sleep Apnea Syndrome (Annals of Maxillofacial Surgery | Volume 9 | Issue 2 | July – December 2019)

J. Charity / Social Responsibility

Dr. Zoe Nicolaou has a keen interest in keeping active within the local community and offer her help whenever needed and possible.

1. Participation and Contribution to the activities of the Non-Governmental Organization “Ena Oneiro, Mia Efhi” since 2010 – Host of Charity gala dinner.
2. Voluntary participation in extinguishing the catastrophic fire of “Amiantos” mountains in 2007.
3. Providing Financial Aid for the support and enhancement of Europa Donna Cyprus’ operations.
4. Participation to the Limassol Marathon races.
5. Organizer and Hostess of the “DEKA HAMOGELA” («Δέκα Χαμόγελα») Charity Gala Dinner. An event dedicated to the financial support of the “Chrysallida” Foundation for children and individuals with Clefts and other Cranio-facial Deformities and the “Smile Foundation”. The event took place at the Presidential Palace in Nicosia on the 16th November 2017.
6. Assisted the Pantheo Foundation in the organization of a Charity Gala Dinner. The purpose of the event was to “Support the Doctors of Tomorrow” by collecting money and provide financial assistance to African students who study Medicine in Cyprus and return their services back to their communities.
7. Provision to the Municipality of Limassol a Christmas tree which was placed in Heroes Square within the activities of Corporate Social Responsibility in an effort to enrich the festive Christmas decoration. December 2018.
8. Enhancement of the Festive atmosphere of the Heroes Square by installing new Christmas lights and a Christmas tree, within the activities of our CSR.
9. Participation to the “KYFA support center campaign 2019 / Get tested – Know your Status”. Campaign ambassador and provision of free medical services.
10. Establishment of the ‘Oniro Zois’ Charity Foundation June 2020

K. Conferences (since 2010)

Dr. Nicolaou participates in local, Israeli, American and International Conferences keeping up with all the latest changes in MaxilloFacial Surgery, medicine and related fields. In several occasions Dr Nicolaou participated in various symposiums and conferences, local and International as a Keynote Speaker, as a Lecturer or as a Poster Presenter. All the occasions she attended and or participates are listed below.

Hellenic Association for Oral and Maxillofacial Surgery

Webinar: Orthognathic Surgery. Tips for Optimal Results

Internet. Online

24 January 2021

Keynote Speaker

Limassol Dental Association

Atrophic Jaws, dental implants and 3D virtual surgery planning

Ajax Hotel, Limassol, Cyprus

05 March 2020

Keynote Speaker

Cyprus Center for Clefts & Facial Deformities, MEDICLEFT

Treatment approaches for children with clefts and other craniofacial deformities. New perspectives.

Cyprus University of Technology, Limassol, Cyprus

16 November 2019

Keynote Speaker

International College for Maxillo-Facial Surgery (ICMFS)

31st World Congress and Presidium

Facial Asymmetries. Details that are not details.

Tel-Aviv, Israel

29 October – 1 November 2019

Keynote Speaker – Vice President & Welcoming ceremony – Opening speech

12th Student Medical Seminar

Prevention: Supply and investment for the future

Limassol, Cyprus

09 February 2019

Keynote Speaker

ESPRAS 2018, European Society of Plastic, Reconstructive and Aesthetic Surgery

Orthognathic Surgery. Cleft and other facial deformities

Limassol, Cyprus

23-27 October, 2018

Lecturer

EACMFS, 24^o 24th Congress of the European Association for Cranio-Maxillo-Facial Surgery

Treating Facial Asymmetries

Munich, Germany

18-21 September, 2018

Lecturer

Science and Art of Facial MakeOver (Second International Meeting)

Treatment of Facial Asymmetries

Mandible First to Correct Class II Deformities Beirut, Lebanon

17-20 April, 2018

Keynote Speaker (2 presentations)

Shots of Inspiration (Powered by Cyprus Telecommunications Authority - CYTA)

The ten keys to success and the change

Innovation and Entrepreneurship Center Nicosia, Cyprus

15 December, 2017

Keynote Speaker

Cyprus Health and Beauty Forum – Representing the Cyprus Association for Oral and Maxillo Facial Surgery

The role of Oral and Maxillo – Facial Surgery to the Field of Beauty

18-19 November 2017

Keynote Speaker

Women’s Entrepreneurship Day

World’s largest entrepreneurial and financial empowerment initiative dedicated to celebrating, supporting and empowering women worldwide

Limassol, Cyprus

19 November 2017

Keynote Speaker

International College for Maxillo-Facial Surgery (ICMFS)

30th World Congress and Presidium

Boston, Massachusetts, U.S.A.

21-24 September 2017

Keynote Speaker – Vice President

Orthognathic Surgery A to Z course

Synergy Foundation – Dental Academy

Limassol, Cyprus

01-02 July 2017

Keynote Speaker

Facial Asymmetries SICMF 2017

XX National Congress of Italian Society of Maxillofacial Surgery

Naples, Italy

14-17 June 2017

Keynote Speaker

The impact of Orthognathic surgery in the treatment of OSAS patients

5TH MOIP, Cyprus

Limassol, Cyprus

11-13 November 2016

Keynote Speaker

23^o Congress of the European Association for Cranio Maxillo-Facial Surgery

The impact of Orthognathic surgery in the treatment of OSAS patients

London, United Kingdom

13-16 September 2016

Lecturer

28^o World Congress of the International College for Cranio Maxillo Facial Surgery (ICMFS)

Surgical Treatment for the Obstructive Sleep Apnea Syndrome

Cancun, Mexico

25-28 November 2014

Keynote Speaker

EACMFS, 22nd Congress of the European Association for Cranio-Maxill-Facial Surgery

Face or Occlusion?

Prague, Czech Republic

23-26 September, 2014

Poster Presentation

13th Panhellenic Orthodontic Congress

Aiming for Perfection. Face or Occlusion?

Athens, Greece

24-28 September 2014

Keynote Speaker

Science and Art of Facial MakeOver (First International Meeting)

Face or Occlusion in Skeletal Class II cases

Brussels, Belgium

04-06 June, 2014

Lecturer

Nicosia – Kyrenia Dental Association

Diagnosis and responses of obstructive sleep apnea syndrome

Nicosia, Cyprus

10 April, 2014

Keynote Speaker

12th Pancyprian Dental Conference

The differentiation of the dental practice act to the new economic era

Limassol, Cyprus

07-08 February, 2014

Certification of Attendance

Cyprus Periodontic Association

Aesthetic Smile – The necessity of Co-operation in Orthognathic Surgery

Nicosia, Cyprus

05 November 2013

Keynote Speaker

Cyprus Periodontics Association

Management of periodontal patients before and after prosthetic rehabilitation

Limassol, Cyprus

18 May 2013

Certification of Attendance

European Academy of Pediatric Dentistry E.A.P.D.

8th Interim Seminar and Workshop

The splint in the management of pediatric mandibular fractures
Limassol, Cyprus
18-20 April 2013
Poster Presentation

4th International Congress of Global Hellenic Medical & Biosciences Network

Nonresolving osteomyelitis of the maxilla and maxillary sinus after long-term use of oral bisphosphonates
Paphos, Cyprus
24-27 April 2013
Lecturer

27th ICMFS, World Congress of the International College for Maxillo-Facial-Surgery

Face or Occlusion. AV Malformation of hard palate treated by sclerotherapy: A case Report
Hofgastein, Austria
05-09 March 2013
Poster Presentation

Cyprus Orthodontic Society

Treatment of class II and Class III borderline cases
Limassol, Cyprus
26-27 October 2012
Certification of Attendance

21st EACMFS, Congress of the European Association for Cranio-Maxillo-Facial Surgery

Nonresolving osteomyelitis of the maxilla and maxillary sinus after long-term use of oral bisphosphonates. Posterior face autorotation using intraoral distractors: Reports of a case
Dubrovnik, Croatia
11-15 September 2012
Poster Presentation

AOCMF Cranio-Maxillo-Facial International Symposium on Orthognathic Surgery

Participated and completed the course
Vienna – Austria
17-19 May 2012
Certification of Attendance

11th Pancyprian Dental Conference

Nicosia, Cyprus
02-03 March 2012

Certification of Attendance

26^o ICMFS, Congress of the International College for Maxillo-Facial Surgery

Las Palmas, Gran Canaria, Spain
01-03 February 2012

Certification of Attendance

Symposium on Recent Advances and New Concepts in Plastic Surgery & Fat, Grafting Course Facial Asymmetries

Limassol, Cyprus
14 -15 October 2011

Lecturer

20^o EACMFS, Congress of the European Association for Cranio- Maxillo-Facial Surgery

Bruges, Belgium
14-17 September 2010

Certification of Attendance

Annual Congress, Pantheo and Midland Ophthalmological Society

Zygomatic Fractures – Management Modalities

Limassol, Cyprus
26- 28 November 2010

Keynote Speaker

MIS lecture & Hands-on: Facing bone augmentation challenges using BI-phasic calcium sulphate

Limassol, Cyprus
03 July 2010

Certification of Attendance